

July Senior Olympics



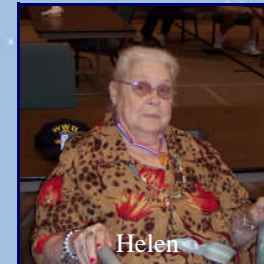
Five of our residents attended the Senior Olympics held at the First Christian Church in Burlington. **Richard Baldwin, Stan Menke, Howard Ross, Helen Goehl and Patty Ross** attended.

Several of our residents brought home medals for events

in which they participated. **Stanley Menke** won third place



in the washer toss and golf. **Howard Ross**



won a gold medal in the washer toss. **Helen Goehl** received the gold in golf.



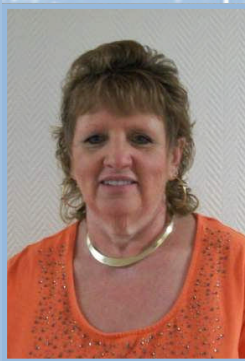
Patty Ross brought home the gold medal in the apple peeling contest.

Everyone had a wonderful time.

Special points of interest:

- July Senior Olympics
- Baker Extraordinaire
- Birthdays
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- September Events
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- Upcoming Events
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Baker Extraordinaire



Jeri Massick, our valued Activities Assistant, is a former employee of HyVee Bakery. In this capacity, Jeri picked up enough tips to become our own personal

cake decorator for our monthly birthday cakes. The residents are always excited to



over ninety cakes in her career.



see the cake before it is cut to share at each birthday celebration. Jeri has decorated



Keep up the good work, Jeri, your talents are appreciated by all!

Birthdays

September:

George Thompson 9/4
Leta Stinnett 9/7
Musie Six 9/12
Ira Johnson 9/20
Maymie Chamlee 9/21
Marie Briggs 9/30



October:

Patty Ross 10/4
Ron Smith 10/5
Doris Johnson 10/8
Dorothy Bellamy 10/11
Carroll Sprenger 10/13
Stan Manke 10/15
Terry Murphy 10/16
Robert Wuebkes 10/22

October cont:

Peggy Turner 10/24
Ann Thompson 10/26

November:

Nancy Munyon 11/8
Gene Waller 11/16
Mary Lou Christy 11/19
Nancy Ratkowski 11/25
Jesse Juarez 11/25
Marjorie Daugherty 11/27
Howard Ross 11/27

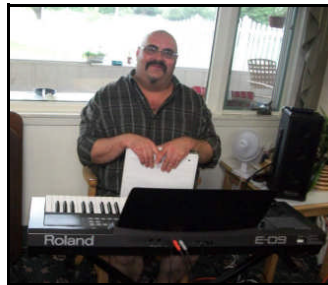
December:

Mary Rose Fedler 12/15
Betty Morrow 12/23
Richard Baldwin 12/27

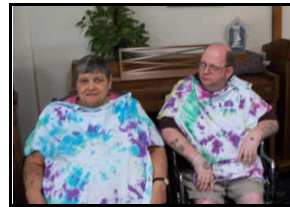
July Events



Kent Larson, an accordion player, came to entertain with his polka music, along with **Harry Ebbeson** who played his keyboard.



Tie dye crafts were a favorite activity with several residents hand crafting their own t-shirts.

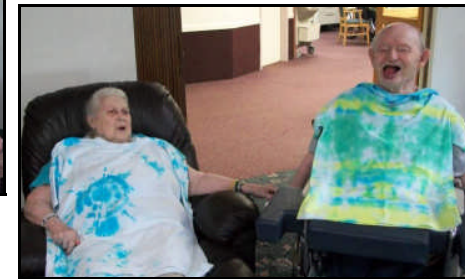


Musie Six, Ken Baker,



Dorothy Holeton, Genevieve Hunsaker,

Helen Goehl, Eddie Hayes



and **Nancy Ratkowski** proudly display their handiwork.

September Events



During rodeo week, we received a visit from the Li'l All-Around Cowboys, **Owen and Kaden Swan**.



They entertained us with their riding and roping skills, and sang some



songs for the residents. This just goes to show that cowboys come in all sizes and ages!!



Dance Entertainment

There is no shortage of dance entertainment at Fort Madison Health Center. The residents and staff enjoyed



the entertainment of the **Keosippi Kickers**, the **Silver Steppers**, and the **Midwest Cloggers** from Mediapolis.

They all came in costume and were very entertaining. What fun to watch them dance!



August Events

The **Myhre's Family** were here to sing gospel and present a wonderful sermon for an evening activity.

Sarah Smith entertained the residents singing songs she has composed, accompanied by music on her keyboard.



The residents celebrated Hawaii's birthday with music and demonstrations of artifacts from Hawaii.

Phil opened a fresh coconut for the residents to taste the coconut milk and coconut.



The **Flannel Jammers** entertained us for the first time. All enjoyed this group very much.



In Memoriam

We respectfully remember and will forever miss our residents who have passed on.

The following we have lost are:

June:
Pat Wenke
Sally Niemann
Helen Smith
John Duran



July:
Jane Hulsebus
Avis Bohnenkamp
Lester Baker

August:
Orville St. Clair



September:
Mary Featheringill
Catherine Lough



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Upcoming Events

September 29 - October 6:

Activities fund raiser raffle of Hawkeye sports items

October 4:

White Frog Weaving - Bonnie Wilkerson - 2:30 p.m.

October 17:

Cake Decorating Class - 9:30 a.m.

October 20:

Oktoberfest at Klein's

October 21:

Golden Age Luncheon at McAleer Hall

October 25:

Keosippi Kickers - 2:30 p.m.

October 27 - November 11:

Activities fund raiser Butter Braids and cookie dough sales

October 28:

Carolyn & Nona - Piano and violin entertainment - 2:30 p.m.

October 31:

Halloween Costume Contest with Happy Hour - 2:30 p.m.

October 31:

Trick or Treat at FMHC - 5:00 - 7:00 p.m.

December 8:

Christmas Pot Luck at 6:00 p.m.

December 13:

Junior Talley - 2:30 p.m.

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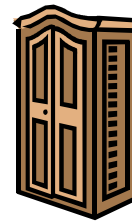
Email: administrator@fortmadisonhealthcenter.com

"Making A Difference"

We're on the web:
www.FortMadisonHealthCenter.com

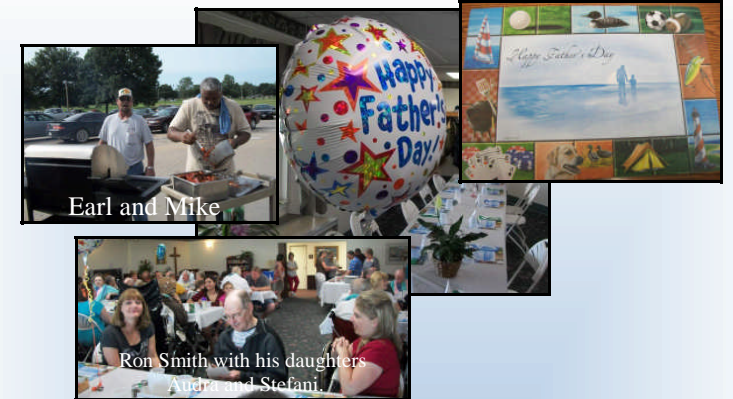
Family Fall Housekeeping

FMHC will be purchasing new wardrobes and bedside tables. We would appreciate family members coming in and helping clean out unused items and clothing that no longer fits, to help this process go as smoothly as possible.



Thank you for your help!

Father's Day



This year **Earl Pranger** and **Mike Abbey** prepared barbeque ribs for the Father's Day celebration. Served along with the ribs was mac

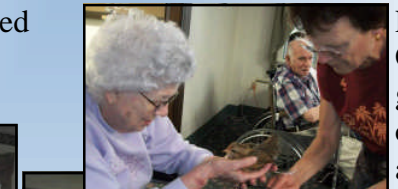
salad, baked beans, home made bread and chocolate mousse with raspberry topping. **George Roach** stated "he could order a bucket of those ribs to go".

Paul Gorrell

Paul displayed his "golden oldie" Crosley collections,



displaying a Crosley scooter he crafted from an advertising sign. Paul displayed his pet chickens, Henrietta, Elvis, and baby chicks.



personal" with a baby chick. Paul has the world's largest collection of Crosley products and it is quite a display. The residents always enjoy Paul's visits.

Rose Corbin got "up close and