

Veterans



We would like to take the time to express our thanks to our veterans. It is an honor to care for them at Fort Madison Health Center as they were honored to serve our country. You are appreciated!

Louie Miller - Army / Navy
Chuck Jones - Air Force
Ernest Marsh - Army
Alvin McKoon - Air Force
James Holvey - Army / Air Force
Walter Bradford - Marine

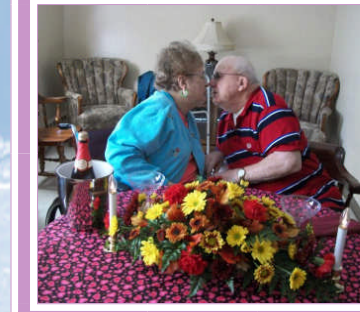
James Sommers - Army
Kenneth Knoch - Army
Mike Olsen - Army
Maynard Mincer - Navy
Howard Ross - Army
Bill Glasgow - Army / Navy



Happy 62nd Anniversary



Wesley and Jane Hunsaker celebrated their *Sixty-Second Wedding Anniversary*. The couple shared a private dinner together and toasted sixty-two happy years together. Congratulations to Wesley and Jane from FMHC staff.



Special points of interest:

- Birthdays
- Up Coming Events
- Recognition for Years Service
- Activities December Upcoming Events
- Weaving
- In Memorium
- Trick or Treat
- Golden Age Luncheon
- Hay Rid'n
- Residents Visits
- Contest

Birthdays

December:

John Duran 12/6
James Holvey 12/10
Marilyn Northway 12/12
Mary Rose Fedler 12/15
Carol Kannenberg 12/15
Richard Baldwin 12/27
Vivian Matthews 12/31



January:

Kenneth Baker 1/8
Elizabeth Menke 1/12
Ann Glasscock 1/17
Mike Olsen 1/20
Roline Krieger 1/20
Bill Glasgow 1/26
Joyce Ewing 1/27
Maynard Mincer 1/30

February:

Edward Hayes 2/1
Audrey Edlen 2/3
Alvin McKoon
Avis Bohnenkamp 2/11
Audrey Lindsay 2/13
Lorraine Hamilton 2/14
Grace Wood 2/17
Joyce Peterson 2/21
Donald Scott 2/26

Up Coming Events

A Silent Auction fund raiser will be held from Monday, December 6 through Friday, December 10. Items available will include a holiday throw, resident wall hanging quilt, and miscellaneous holiday items. Come on in and see what we have on display for the auction.

Recognition for Years of Service



The following staff received pins to recognize years of service. Bill Napier was present to acknowledge staff and to say a big **"Thank You"** for each staff member who has been dedicated to serve residents at Fort Madison Health Center.



Staff recognized (from left to right):

Nicole Smith (10 years)	Cindy Reittinger (15 years)
Debby Thomas (5 years)	Shirley West (20 years)
Kim Mansheim (5 years)	Shelly Rhoades (15 years)
Carrie Riessen (5 years)	Penny Holmes (20 years)
Cathy Burk (20 years)	Penny Vantiger (10 years)

Activities December Upcoming Events

Fort Madison Health Center Resident Council has chosen to sponsor a mitten/glove/hat tree as our community project. Donations are being accepted through December 13, 2010. In addition, *Jr. Tally (Elvis)* will entertain us on the 7th at 2:30 p.m. The *Myrhe Family* will be here the same day at 6:30 p.m. Christmas is in the air!!

Our family Christmas pot luck will be December 9 at 6 p.m. with Santa and his helpers handing out gifts again this year. *Nauvoo Singers* will perform December 14 at 10 a.m. *Bob Nolan* will be here to perform December 18 at 2:30 p.m. The *Silver Steppers* will entertain on December 21 at 10:15 as well as a visit by the *Boy Scouts* for

Christmas Caroling.

Have a very *Merry Christmas* and a *Happy New Year!* We will see all of you in 2011. Be sure to watch for many more exciting events to come.

Shelly Rhoades
Activities Coordinator

Weaving



Bonnie Wilkerson demonstrated several different kinds of looms for the residents at FMHC, using a rigid kettle loom, a triangle loom, and a portable table top loom.

Bonnie had several items she had made from scarves to book

marks, pillow, table runners, blankets, wall hangings, just to mention a few of her crafted items.



residents and staff enjoyed the demonstration and were impressed with Bonnie's handiwork.

The residents were able to get a first hand look at the woven items. The



In Memorium

The following residents have passed away; they will be greatly missed:



Shirley Gnann 9/1

Frank Sawyer 9/9

Sandra Robertson 9/22

Nellie Grossman 10/5

Melvin Mathis 10/29

Frances Sarnes 11/1

Trick or Treat



Residents were visited by Ghosts & Goblins, Fairies, Witches, The Incredible Hulk, Santa and more on October 29 when Trick-



or-Treaters were given candy from our residents at FMHC while parading in the living room.

Staff participated in a day of dress up, and

residents voted for their favorite costume.

Pictured are Shirley McMurray as a banana, Chris Carver as a devil, Stephanie Brown as an angel, who won favorite costume, Carrie Riessen as a yellow crayon, Judy Markey as a "mature" Pipi Longstocking, Jeri Massick as a business woman. The residents enjoyed mixing it up with the staff.

Golden Age Luncheon

The Golden Age luncheon sponsored by the Soroptomist Club for ladies eighty and better was held for the community at Macaleer Hall.



Fort Madison Health Center residents **Harriet Anderson, Alatheia Arnold, Opal Shumaker and Leafo Baker** attended along with Shelly Rhoades, Activities

Coordinator. Leafo was the oldest resident attending from FMHC at *ninety-nine years of age*. The ladies had a wonderful time.

Hay Rid'n Around the Farm

Fourteen residents attended Trinity Trails Horse 'N Around Farm hay ride in Argyle sponsored by Steve and Patsy Smith. Residents were assisted to board the hay wagon and supplied with silly hats and blankets to bundle up with as they headed down the trail.



Some of the sites along the way were a hedge tree, silly signs such as, "When the chips are down, the buffalo is empty", "You can't baptize a cat in a rain barrel", "Alligator Pond", "God's Highway", "Saddle your horse before sassin' yer pa"! What a fun time. A big thanks to Patsy and Steve for hosting our ride along the trails. Only three residents had been on a hay rack ride. It was a first for the other eleven residents attending.

Hay Ride Pics:

Cindy Reittinger
Sally Niemann
Betty Ledbetter
Alathea Arnold
Eddie Hayes
Maxine Mohler
Mattie Barron

Richard Baldwin
Lanorah Boyle
Nancy Munyon
Opal Shumaker
Catherine Lough
Jane Hulsebus
Avis Bohnenkamp

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"Making A Difference"

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Resident Visits Out of the Facility

Just a reminder to family and friends: please remember to sign your loved ones out in the book provided when taking them out of the building. Please inform the resident's charge nurse that they are leaving and the approximate time of their return as residents may need medications during the time they are out. Also be prepared to provide a photo identification if requested.

Contest

Several of our staff members participated in a contest to see who could whip up the best cranberry salad or relish recipe. The residents tasted each sample and judged for their favorite. Cindy Reittinger won for the best Cranberry Salad. She won a leaf shaped pottery bowl and a gift card, provided by Rosie in Dietary. Phil Maxey's cranberry relish was chosen as the recipe to serve for Thanksgiving dinner. Cindy has agreed to share her recipe, which follows.



Cindy Reittinger's Cranberry Salad

Ingredients:

- 2 - 3 ounce lemon Jell-O
- 13 ½ oz. canned crushed pineapple
- 2 cups - 1 pound can Ocean Spray cranberry sauce (jellied)
- 1 - 7 oz. can ginger ale
- 1 - 2 oz. package Dream Whip
- 8 oz. cream cheese
- 4 tbsp. sugar
- ½ cup chopped pecans

Drain pineapple and reserve syrup. Add water to make 1 cup; heat to boil. Dissolve Jell-O in hot liquid, then cool in refrigerator until it starts to gel. Gently stir in ginger ale; chill until partially set. Blend fruit and fold into Jell-O mixture and put into 8 x 12 inch deep dish glass pan.

Topping: Prepare Dream Whip according to directions. Then blend in cream cheese, spread over gelatin. Toast the pecans in 1 Tbsp. real butter at 350 for 10 minutes and sprinkle on top and chill. Serves nine.